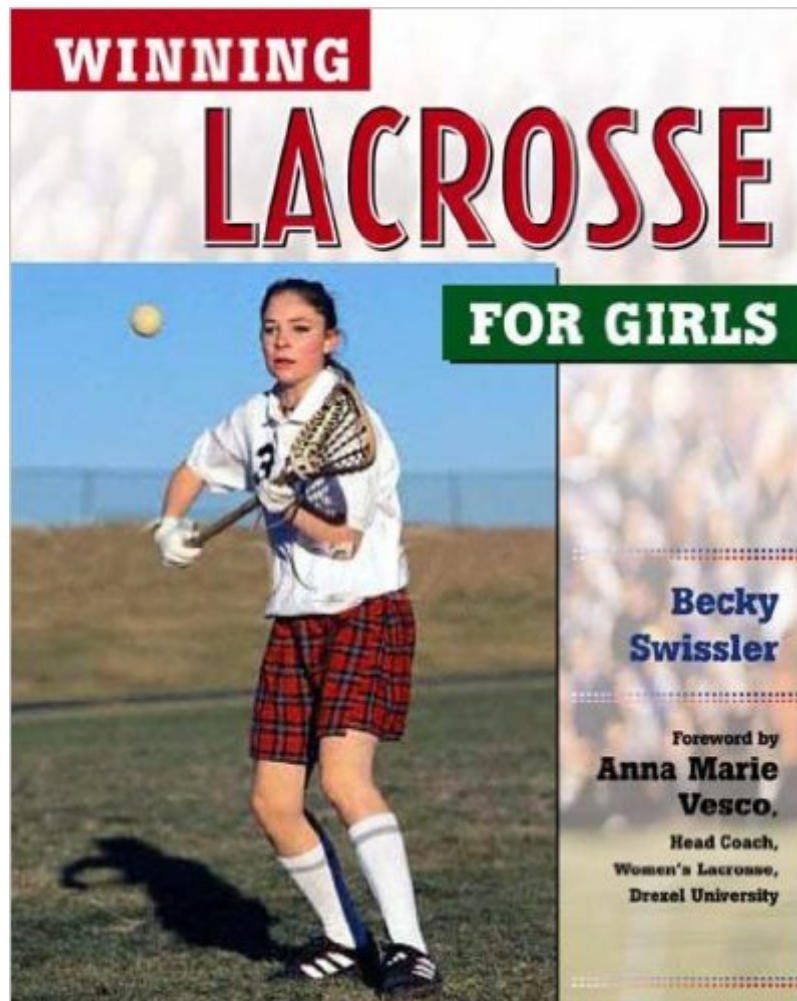


The book was found

Winning Lacrosse For Girls (Winning Sports For Girls)



Synopsis

A guide to lacrosse which teaches the game's basic skills, strategies and drills and how to master them. Chapters cover its history, the basics of stick handling and the rules of play. A comprehensive resource for players, coaches and parents who want to improve their understanding of the game.

Book Information

Series: Winning Sports for Girls

Paperback: 176 pages

Publisher: Checkmark Books (January 2004)

Language: English

ISBN-10: 0816051844

ISBN-13: 978-0816051847

Product Dimensions: 0.5 x 7.2 x 9.2 inches

Shipping Weight: 15.2 ounces

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #3,877,972 in Books (See Top 100 in Books) #70 in [Books > Children's](#)

[Books > Sports & Outdoors > Racket Sports](#) #130240 in [Books > Sports & Outdoors](#)

Age Range: 6 and up

Grade Level: 1 and up

Customer Reviews

My 10 year old just got into lacrosse this fall. I knew nothing about the game. This book is great. Considering my coaching history I am sure I will be suckered into coaching in the youth program. This book is of great benefit for this.

I own over a hundred books on lacrosse and over twenty on women's lacrosse coaching alone. This I rank the third best of them, and the other two above this are awesome. This is not far off. I can't review the other two as I didn't buy them off. If you are a women's lacrosse coach at high school level or above, buy it. It contains very helpful information that will be of assistance to all but the highest level coaches.

My girls love the book.

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